



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc April 2017 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders."

4/3

Salisbury Steak with Egg Noodles &
Mixed Veg
Peaches
Milk/Water

4/4

Chicken Parmesan with Pasta Marinara
Sautéed Zucchini Rounds
Pears
Milk/Water

4/5

Beef Stew with Rolls
Bananas
Milk/Water

4/6

Baked Breaded Fish with Mac & Cheese
Broccoli
Mixed Fruit
Milk/Water

4/7

Pasta Alfredo with Chicken & Spinach
Berries
Milk/Water

4/10

Chicken & Dumplings with Peas
Pineapple
Milk/Water

4/11

Turkey Sandwich on Whole Wheat with Beets
Oranges
Milk/Water

4/12

Brunch
Peaches
Milk/Water

4/13

Meatloaf, Mashed Potatoes & Green Beans
Pears
Milk/Water

4/14

ACC Pizza Day
Applesauce
Water

4/17

Baked Fish with Lemon & Dill, Cheddar Potatoes &
Green Beans
Berries
Milk/water

4/18

Sliced Turkey with
Gravy, Sweet Potato Fries and Broccoli
Mixed Fruit
Milk/Water

4/19

Shepherd's Pie

Bananas
Milk/Water

4/20

Chili with Corn Bread
Melons
Milk/Water

4/21

Beef Stew with Rolls
Peaches
Milk/Water

4/24

Lasagna with Garlic Bread
Applesauce
Milk/Water

4/25

Chicken Salad on Croissant with Beets
Oranges
Milk/Water

4/26

Chicken & Dumplings with Peas
Pears
Milk/Water

4/27

Baked Breaded Fish, Macaroni & Cheese and
Zucchini Rounds
Mixed Fruit
Milk/Water

4/28

ACC Pizza Day
Applesauce
Water