



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc July 2017 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

7/3

Cheeseburger Sliders
Sweet Potato Fries
Peaches
Milk/Water

7/4

CLOSED
HAPPY
INDEPENDENCE
DAY!

7/5

Beef Stew
Rolls
Pears
Milk/Water

7/6

Baked Breaded Fish with Mac & Cheese
Green Beans
Melon
Milk/Water

7/7

Brunch
Berries
Milk/Water

7/10

Turkey Sandwich on Whole Wheat
Beets
Mixed Fruit
Milk/Water

7/11

Tuna Noodle Casserole
Mandarin Oranges
Milk/Water

7/12

Meatloaf
Mashed Potatoes
Green Beans
Bananas
Milk/Water

7/13

Chicken Parmesan
Pasta
Peaches
Water

7/14

ACC Pizza Day
Applesauce
Milk/water/Lemonade

7/17

Shepherd's Pie

Mixed Fruit

Milk/Water

7/18

Chicken Salad on Croissant

Beets

Berries

Milk/Water

7/19

Beanies & Weenies! (National Hot Dog Day)

Melons

Milk/Water

7/20

Chili

Corn Bread

Mixed Fruit

Milk/Water

7/21

Lasagna

Garlic Bread

Applesauce

Milk/Water

7/24

Chicken Alfredo

Spinach

Oranges

Milk/Water

7/25

Spaghetti w/ Meatsauce

Garlic Bread

Pears

Milk/Water

7/26

Chicken & Dumplings with Peas

Mixed Fruit

Milk/Water

7/27

Baked Breaded Fish

Mac & Cheese

Zucchini Rounds

Applesauce

Milk/Water

7/28

ACC Pizza Day

Bananas

Milk/Water/ Lemonade

7/31

Chicken Tetrazinni

Peaches

Milk/Water