



nutritious, fresh, creative cuisine

Adult Care Center of the NSV, Inc September 2017 Lunch Menu

Meals are catered by Fresco Kitchen, Chef Barbara Hinline. Meals are low salt, with no added sugar. Gluten-free diets are accommodated. The Center will provide a sandwich as alternative to the scheduled meal if the participant chooses. Otherwise, families are welcome to bring something from home and staff will serve for the day's meal.

Mechanical soft or pureed diets are prepared according to the health care provider's orders (Licensing requirement). 'Thickened' meals are prepared per request of family, and/or health care provider's orders.

9/1

Cheeseburger Sliders
Sweet Potato Fries
Peaches
Milk/Water

9/4

CLOSED
LABOR DAY

9/5

Beef Stew
Rolls
Pears
Milk/Water

9/6

Brunch
Melon
Milk/Water

9/7

Chicken Parm
Pasta
Mixed Fruit
Milk/Water

9/8

Baked Breaded Fish
Mac & Cheese
Green Beans
Applesauce
Milk/Water

9/11

Turkey Sandwich on WW
Beets
Pineapple
Milk/Water

9/12

Chicken tetrazzini
Mixed Fruit
Milk/Water

9/13

Meatloaf
Mashed Potatoes
Green beans
Pears
Water

9/14

Franks & Beans
Applesauce
Milk/ Water

9/15

Chicken Salad on Croissant
Beets
Mixed Fruit
Milk/Water

9/18

Chicken Salad on Croissant
Beets
Berries
Milk/Water

9/19

Shepherds Pie
Oranges
Milk/Water

9/20

Chili
Corn Bread
Mixed Fruit
Milk/Water

9/21

Carnival Day!
Hot Dogs
Chips
Pears
Water/Soda

9/22

Chicken Alfredo
Spinach
Peaches
Milk/Water

9/25

Spaghetti w/ Meatsauce
Garlic Bread
Bananas
Milk/Water

9/26

Chicken & Dumplings with Peas
Mixed Fruit
Milk/Water

9/27

Baked Breaded Fish
Mac & Cheese
Zucchini Rounds
Milk/Water

9/28

Pork BBQ
Cole Slaw
Melons
Milk/Water/ Lemonade

9/29

ACC Pizza Day
Peaches
Milk/Water